



Goochland Free Clinic & Family Services

Hunger Hurts. Goochland Gathers. Hunger Awareness Week — April 16 - 22

PARTICIPATING NEIGHBORHOOD PICK UP:

*Please place filled bags by your mailbox
before 9am on Saturday, April 22
to be picked up by your neighborhood team.*

DONATION DROP OFF:

*You may drop off donations
Friday, April 21, 9am - 3pm
or
Saturday, April 22, 10am - 2pm
at vacant bank building parking lot,
next to 3001 River Road West construction site.
Look for signs.*

WE ESPECIALLY NEED

Fruit and Fruit Cocktail — Peanut Butter — Cereal

OTHER NEEDED ITEMS

CANNED ITEMS

Canned Meat: chicken, pork, beef, tuna
Soups and Stews
Beans
Vegetables
Fruit and Fruit Cocktail
Canned Tomatoes

DRY GOODS AND HOUSEHOLD ITEMS

Spaghetti and Pasta
Rice
Beans
Flour
Baking Mix
Toilet Paper

MONETARY DONATIONS ALSO GREATLY APPRECIATED:

www.GoochlandCares.org

Questions? - Call 804/556-6260.

Bags provided by Wegman's Food Market.

NOTE: Family and individual sized portions are preferred for distribution to our clients and their families.